

Kev Kuaj COVID-19 Tom Tsev

Cov tub/ntxhais kawm thiab cov neeg ua haujlwm tej zaum kuj yuav raug tus kab mob COVID-19. Kev kuaj tom tsev yuav pab tiv thaiv tau kev sib kis ntawm tus kab mob COVID-19 thiab ceev tau kom cov tsev kawm ntawv qhib

Kauj Ruam 1: Muab cov khoom li hauv qab no:

- Cov pas cuaj iHealth COVID-19 Antigen Rapid Tests (nrog cov lus qhia).
- Ib lub cuab yeej uas siv tau internet los xa koj cov kev kuaj tau (results) mus rau ntawm lub link muab los ntawm koj lub tsev kawm ntawv. (Yog hais tias koj tsis muaj ib lub cuab yeej lossis internet, hu rau Primary ntawm (650) 275-5419.

#keepingschoolsopen



Kauj Ruam 2: Kuaj koj tus menyuam (los yog koj tus kheej yog tias koj yog ib tug neeg ua haujlwm):

SAIB ib daim video qhia txog tias yuav kuaj licias ntawm https://youtu.be/qBt_H4Gc-rU

- **Kev Kuaj Zaum #1:** Siv rau hnuv Monday, ua ntej rov qab tuaj kawm ntawv tom qab lub asthiv so peb hnuv.
- **Kev Kuaj Zaum #2:** Yog koj kuaj tau tias muaj kab mob (positive) rau Kev Kuaj Zaum #1, siv Kev Kuaj Zaum #2 tsib hnuv tom qab koj kuaj tau tias muaj kab mob. Yog tias Kev Kuaj Zaum #2 qhia tias tsis muaj kab mob (negative) thiab koj tus menyuam/koj tsis muaj cov tsos mob lawm, koj tus menyuam/koj tuaj yeem rov qab tuaj kawm ntawv lossis ua haujlwm tau rau hnuv 6.
Yog tias koj kuaj tau tias tsis muaj kab mob rau qhov Kev Kuaj Zaum #1, siv qhov Kev Kuaj Zaum #2 yog tias koj tus menyuam/koj muaj cov tsos mob tshwm sim hnuv tom qab.

Kauj Ruam 3: Muab koj cov kev kuaj tau (results) los qhia rau Primary.Health. (TSIS TXHOB siv iHealth app):

- Yog tias tseem tsis tau cuv/sau npe, mus rau Primary Health ntawm <https://my.primary.health/l/scusd-edu> lossis us tus QR code.
- Thov qhia cov kev kuaj tau (results) rau ntawm lub link uas xa tuaj rau koj los ntawm Primary, lossis ntawm nov: <https://primary.health>
- Thov qhia cov kev kuaj tau (results): tsis muaj kab mob, muaj kab mob lossis tsis paub meej (negative, positive or inconclusive).



Tus QR code
cuv npe rau
Primary:

YOG TIAS TSIS MUAJ INTERNET? Qhia koj cov kev kuaj tau mus rau Primary los ntawm hu xov tooj rau (650) 275-5419.

Kauj Ruam 4: Nkag siab txog koj cov kev kuaj tau (results):

YOG KUAJ TAU TIAS MUAJ KAB MOB (POSITIVE)? Nyob twj ywm hauv tsev. Hu rau koj tus kws kho mob thiab koj lub tsev kawm ntawv paub tam sim ntawd rau kev taw qhia ntxiv. Qhia koj cov kev kuaj tau (results) rau ntawm <https://primary.health> Yuav xa cov kev taw qhia ntxiv rau koj nyob rau hauv email thiab text tuaj ntawm Primary.Health.

YOG KUAJ TAU TIAS TSIS MUAJ KAB MOB (NEGATIVE)?

- Yog tias koj tus menyuam kawm ntawv noj qab nyob zoo thiab tsis muaj cov tsos mob COVID-19, tsis tau nyob ze nrog ib tug neeg uas muaj kab mob COVID-19 tsis ntev los no, ROV QAB TUAJ KAWM NTAWV!
- Yog tias koj tus menyuam kuaj tau tias tsis muaj kab mob tab sis muaj TSOS MOB – **nyob twj ywm hauv tsev** thiab ua raws li cov kev cai uas yuav tsum tau ua yog tias muaj mob thiab muaj cov tsos mob txog ntawm rau kev rov qab tuaj kawm ntawv thiab ua haujlwm: returntogether.scusd.edu/sites/main/files/file-attachments/hs_appx_b.pdf?1635269397
- Yog tias koj tus menyuam tau nyob ze nrog ib tug neeg uas muaj kab mob COVID-19 thiab tsis tau txhaj tshuaj puv – **nyob twj ywm hauv tsev** thiab ua raws li cov kev taw qhia caiv ntawm nov: returntogether.scusd.edu/isolation-quarantine-guidance

YOG COV KEV KUAJ TAU (RESULTS) QHIA TSIS MEEJ? Nrhiav ib lub chaw kuaj nyob hauv zos los kuaj dua. Nco ntsoov tias koj yuav tsum thaj ib daim duab ntawm koj qhov kev kuaj.

Yog muaj lus nug txog Primary.Health? Hu rau (650) 275-5419

Yog muaj lus nug txog kev cais tawm lossis kev caiv? Mus saib returntogether.scusd.edu/isolation-quarantine-guidance lossis hu/text rau **SCUSD COVID Helpline** rau cov lus nug txog kev cais tawm lossis kev caiv ntawm (916) 559-0951. Hu tau rau Cov Kws Taug Qab Kev Kis Kab Mob (Contact Tracing Nurses) hnuv Monday - Friday (thaum muaj kawm ntawv) thaum 10am mus txog 5pm (tsis suav cov hnuv ciav).

Mus xaj tau cov pas kuaj COVID **DAWB** los ntawm tsoom fwm thaum tseem muaj, tsuas pub txog plaub tug rau ib tsev neeg, nyob rau ntawm covidtests.gov.